## **Press Release**

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## Corps of Engineers employee wins speech contest

Mary Beth Day, Castle Club, Huntington, W.Va. earned first place at the Annual Speech Contest held on March 8, 2003 in Newark, Ohio by International Training in Communication (ICT) for central Ohio and Huntington clubs.

Day's speech was based on the word "pencil" with the title "The Humble Pencil" in which she told the audience the history, uses and significance of the pencil which still outshines all the technology in the world.

Day is a member of the Castle ITC Club, Huntington, W.Va. and is employed by the US Army Corps of Engineers. She has also held office for the Castle Club, and has just been elected Secretary, Council #7, ITC. She is a proficient speaker and has participated in several past contests.

Day was nominated in 1997 as an Outstanding Young Woman of America. She is an accomplished violinist and winner of the Mid-America Region Writing Contest in 1999. Day is currently working on her portfolio for her Regents BA degree at Marshall University.

Also attending the Council Speech Contest were Castle ITC Club members and Corps of Engineers employees Linda Chafin and Ron Ray. Chafin served as chairman of the Timers during the contest and as voting Castle delegate during the business meeting. Ray served as Host to a Judge during the contest. In addition, he was a member of the Nominating Committee.

International Training in Communication specializes in training its members in communication skills, leadership and organizational techniques, and develops confidence and effectiveness to meet the challenges in today's competitive world. Call 304-529-5916 for further information.